EXE VALLEY TRIATHLON COURSE MAPS AND PROFILES

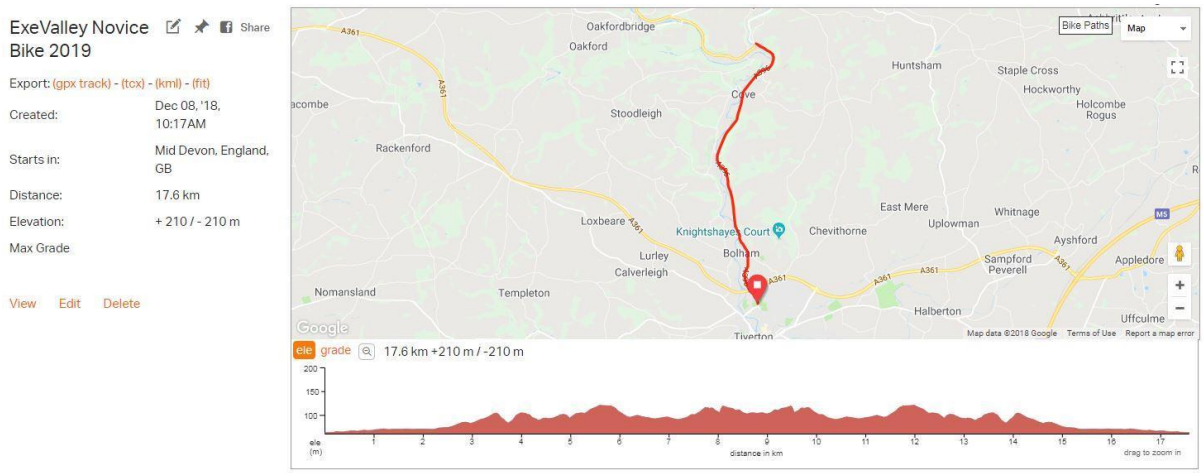
Exe Valley Leisure Centre, Bolham Road, Tiverton, EX16 6SG

Course Details – the course is unchanged from previous years, gpx files at - https://exetertri.co.uk/sprint-triathlon-in-tiverton-devon/exe-valley-triathlon-maps/

Super Sprint Race - 200m Swim, 18k Bike, 3k Run

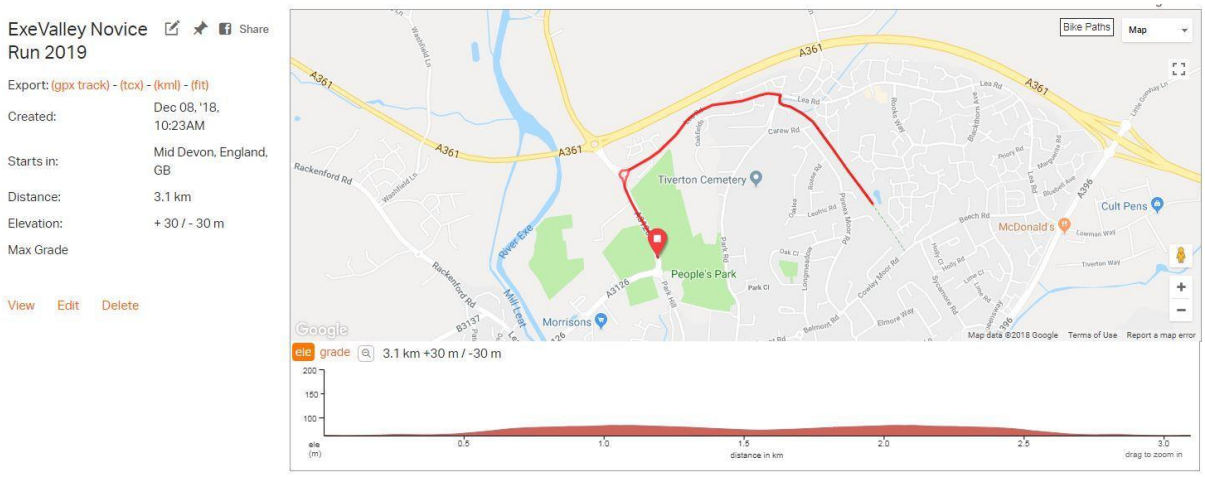
Bike Course:

Head out of transition, turn left and run along pavement to roundabout and mount, head north and cross the A361 at the roundabout, continue north until the turn point at the Exeter Inn roundabout by going around the roundabout and back to the leisure centre.



Run Course:

Head out of transition, turning right along the pavement until the roundabout, where you will be directed up the hill. At the top you will be directed to turn right onto a footpath to the turn point, a marshal will direct you back the way you came to the leisure centre.

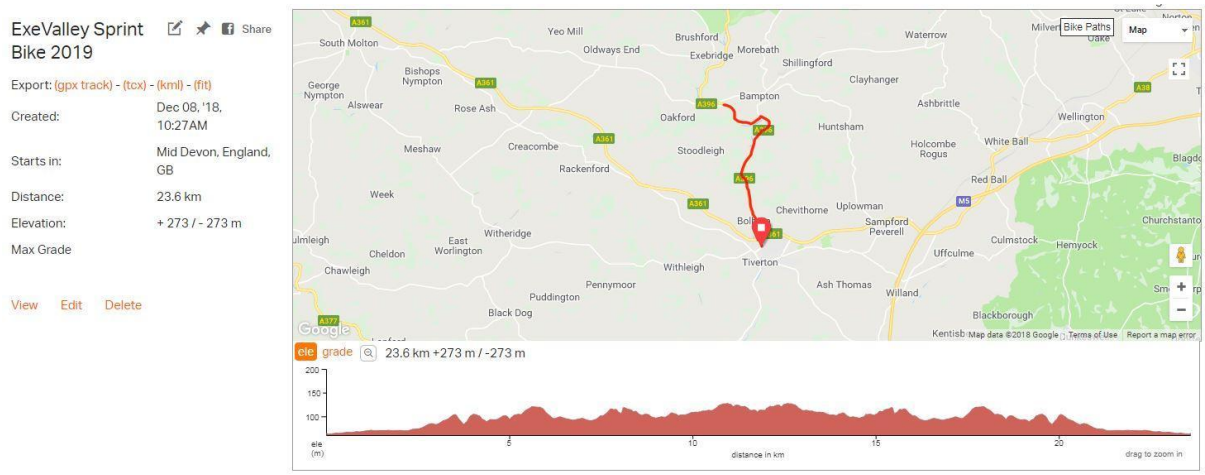


EXE VALLEY TRIATHLON COURSE MAPS AND PROFILES

Sprint - 400m Swim, 24k Bike, 5k Run

Bike Course:

Head out of transition, turn left and run along pavement to roundabout and mount, head north and cross the A361 at the roundabout, continue north until the turn point at the Exeter Inn roundabout, take the first exit and continue to the Black Cat roundabout and mandatory foot-down, go back the way you came, going around the Exeter Inn roundabout and back along the valley to the leisure centre.



Run Course:

Head out of transition, turning right along the pavement until the roundabout, where you will be directed up the hill. At the top you will be directed to turn right onto a footpath to the turn point, a marshal will direct you back the way you came to the junction where you will turn left and up the hill, turning into the park at the far end and back through the park, down the hill to the junction and then back to the leisure centre.

